

London Marathon 2023 – Sunday 23rd April

Info for JRS supporters on the day

Key Contacts

Danning:	07395 495767
Pauline (Bermondsey):	07395 495768
Victoria (Mudchute):	07851 880504
Megan (Horse Guards Parade):	07395 495768

JRS UK Runners

Ana Ferrer-Bonsoms
Anna Micunekova
Eileen Cole
Francis Boden
Madoc Cairns

Tips for supporting the marathon

- Central London is very busy on marathon day, leave yourself plenty of time to get around.
- If you are taking public transportation, do plan ahead and check for schedule changes or service disruptions before you travel: [TFL](#) and [National Rail](#).
- It can be a long day and obviously outside – wear comfortable shoes and come prepared for rain and shine!
- Bring water and snacks with you – keep hydrated and well fed!
- Download the [official London Marathon app](#) to follow the runners' progress throughout the course—you can find them by typing in their names or bib numbers (to be released closer to the race).
- It's worth bringing a charger pack for your mobile if you have one – you don't want to run out of battery just at the point of the money shot of a runner running past you!
- If you have a JRS t-shirt, consider wearing it to show support!

On the route – Cheers Points

We have two cheer points: [Bermondsey, 11.5 miles](#) and [Mudchute, 16 miles](#).

Bermondsey Cheer Point (Mile 11.5-12)

Main Contact: **Pauline (Jesuit Missions) 07591 840013**

- Outside the [Most Holy Trinity Church](#), SE1 2BS on Jamaica Road (see map below)
- There will be a team there from 9:30am – look out for a JRS flag
- The nearest tube station is Bermondsey (Jubilee line). When you come out of the station, cross the road and turn left towards Tower Bridge. Approximately 10-minute walk
- If you come by train, London Bridge station is about a 15-minute walk



Mudchute Cheer Point, Isle of Dogs (Mile 16-16.5)

Main Contact: **Victoria 07851 880504**

- [Westferry Road, between Chapel House Street and Transom Square](#) – in the green area opposite The Ship pub
- There will be a team there from 10:30am – look out for a JRS flag
- 5-minute walk from Mudchute DLR station



After the race

Main Contact: **Megan 07395 495768**

Where: Horse Guards Parade – meeting point J (for JRS!)

When: aim to be there 12pm/noon

The finish line is on The Mall, and the finish area is an 800m-long secure area with no public access. So we will be meeting the runners at Horse Guards Parade to celebrate their success and to take some photos.

The race will set up meeting points marked with alphabets for easy identification, and we will gather around the **letter J**. Look out for a JRS flag carried by our team among the crowd.

